



2026-2027 FLYB Faculty



Fruzsina Sebestyen

Pilates

All Levels

Fruzsina started her classical ballet training at the age of 9 at the Magda Aunon School of Classical Ballet. With Magda's training she performed in various ballets, including Paquita, Mary Poppins, and of course, the Nutcracker.

Over summers, she would travel to Hungary to visit family, where she continued her ballet training at the Royal Ballet of Hungary. Upon Magda's retirement in 2018, she briefly joined Ballet Elite before graduating.

After a short break from dance to receive her Bachelor's degree in health sciences, she returned to Ballet Elite to get her teacher training, and has been teaching classical ballet to a wide age-range of students ever since. In recent years, she also discovered a passion for pilates and became a certified instructor in 2026.